

Taking a Timeout

This article by Lauren Cohen, excerpted from
“*Circle East Live Well*” magazine from Spring 2011.

On-the-go moms rarely stop to take a moment for themselves. But thanks to Lavish Color Salon one winner of *Circle East live well’s* reader-makeover contest enjoyed a day of pampering.

Nearly six hours have passed since Carrieann Weigel walked through the doors of Lavish Color Salon ready to be transformed from drab to glam. “I hate being the center of attention,” she says while waiting for her new hair color to set.

As the primary caregiver of Joselyn, her five year-old handicapped daughter, Weigel is more familiar with emergency room visits than mascara and makeovers. Joselyn was born with an underdeveloped brain, causing her to suffer from epilepsy and a lack of normal mental and physical development. While it is clear that Weigel loves her “fun-loving, happy, silly” daughter, she has found the day-to-day stress takes a toll on her appearance and self-esteem. “I guess I have let myself go,” she admits. “I have grey hairs and I am overweight; but I am ready to stop living under a rock and become alive again!”

Enter Tracey Watts-Cirino, owner of Lavish and a magician when it



comes to creating a new look. “I want to give Weigel a fun, edgy look that will last more than two weeks and will be easy to maintain.” Watts-Cirino calls the color “friends with benefits”— a mix of copper, red and blonde tones that creates a dynamic, fresh result. “I always say that the hair tells a story and that I try to work with it and not against it,” Watts-Cirino explains.

Next step? A manicure, eyebrow wax, hair glaze, and the cut, which accentuates Weigel’s big blue eyes and full lips.

Finally, it’s time for makeup. Dana Armstrong appears with her Mirabella makeup magic, coating the eyes with a soft mixture of bronze and rose shadows and brushing the face with a natural foundation and powder.

“It’s official,” Weigel laughs. “I have been sissified and glamified.”

— Lauren Cohen

Quick Fix:

“Three items every woman should have are a good moisturizer, a lip gloss or chap stick foundation or base,” says Dana Armstrong of Lavish. Her favorites? Clinique daily moisturizer, Burt’s Bees chap stick and Mirabella liquid foundation.

Carrieann Weigel | Age: 36

Makeover by:
Lavish Color Salon